**Feedback Practices and Reflection**

1. **How well do I interact and engage with the team?**
   * Interact and engage effectively
   * Room for improvement in fostering open communication and active participation
2. **What could I do differently to improve our working relationship?**
   * Provide more opportunities for team members to voice their opinions and concerns
   * Actively listen to their feedback
   * Demonstrate greater empathy and understanding
3. **Is there something that I do or say that causes ill feelings?**
   * Specific instances highlighted
   * Communication style may sometimes come across as overly direct or lacking in empathy
4. **How does the feedback I provided to the team compare to the analysed practices, and what would I do differently?**
   * Feedback provided aligned well with established practices
   * Identified areas for improvement in feedback delivery:
     + Ensure feedback is delivered promptly and consistently
     + Provide more opportunities for two-way communication and dialogue